



Congratulations  
**Cara CECIL**  
on completing the

Cumbernauld 10K and 3K 2015  
**10 K Run**  
Sep 20th 2015

You completed in a time of  
**01:09:44 (chip) / 01:10:31 (gun)**  
for an overall position of 481  
and category position of 55.