



Congratulations  
**Alex MCINTYRE**  
on completing the

Cumbernauld 10K and 3K 2015  
**10 K Run**  
Sep 20th 2015

You completed in a time of  
**01:12:39 (chip) / 01:12:46 (gun)**  
for an overall position of 495  
and category position of 20.